

Talwalkars Healthclubs Limited

(Formerly known as Talwalkars Lifestyles Limited)

Regd Office: 801-813, Mahalaxmi Chambers, 22, Bhulabhai Desai Road, Mumbai - 400 026
CIN: U93090MH2016PLC28127; Tel.: 022 - 2355 6000

email: investor@talwalkars.net Website: www.talwalkarshealthclubs.com

Date: 28th November, 2019

To
BSE Limited
Phiroze Jeejeebhoy Towers
Dalal Street, Mumbai – 400001
BSE Code : 541545

To
National Stock Exchange of India Ltd
Exchange Plaza, Plot No. C/1, G Block, BKC,
Bandra (East), Mumbai – 400051
NSE Symbol : TALWGYM

Sub: Intimation of Cancellation of Board Meeting

Dear Sirs,


We hereby inform that a meeting of the Board of Directors of the Company, which was scheduled to be held today on 28th November, 2019, inter-alia to consider and approve the un-audited standalone and consolidated financial results of the Company for the quarter ended September 30, 2019, has been cancelled due to lack of quorum. The next date of the meeting will be informed with fresh notice.

Further, in this connection the date of closure of the trading window for the dealing in Securities of the Company pursuant to the provisions of the Securities and Exchange Board of India (Prohibition of Insider Trading) Regulations, 2015 and as per terms of 'Code of Conduct for prevention of Insider Trading of the Company' is extended upto completion of 48 hours after the declaration of unaudited financial results for the quarter ended September, 2019, at the next board meeting.

Accordingly, all the Directors, the immediate relatives, Designated Employees and their immediate relatives have been advised not to deal in Securities of the Company from October 1, 2019 upto completion of 48 hours after the declaration of unaudited financial results for the quarter ended September 30, 2019.

By order of the Board

For Talwalkars Healthclubs Limited


Girish Nayak
Chief Financial Officer
Place : Mumbai